

VALENTINE STRATHSPEY

4x40 S

ALL 1 4
S T_R $\overset{\curvearrowright}{1}$ X_L
 $\underset{\curvearrowleft}{1}$ on sides



2 4 1 3
 Double figures of Eight

ALL 2 4 1 - 3
 X_R X_L R R R
2 - 4 1 3