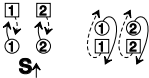


BUDAPEST BIRL

8x32 J

Helix



1 2

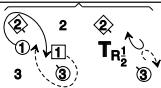
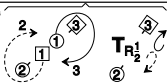
1x 2x

$T_{R\frac{1}{2}}$

RA



Comers
Pass
&
Twirl



3 \diamond 1 \circ 2

\circ 3 \circ 1 \circ 3

RL

RL

\diamond 3 \circ 1 2

2 \diamond 1 \diamond 2