

MY GOLDEN BEAR

4x32 J

1 4

1x 4x

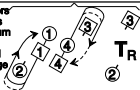
2 1x 4x 3

X_R

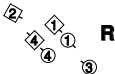


RA

Comers
Pass
and Turn
with
lead
change



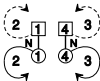
T_R



R

1 4

RA



Chain Progression

1 4

$T_{R\frac{3}{4}}$



$T_{L1\frac{1}{2}}$



$T_{R\frac{3}{4}}$