

ALL

D₂

T_R arm

T_L arm

to sides

to sides

OR NOW OFTEN:

8 bars

— 8 bars —

T_R^{1½} arms (to 1 bar

1 bar

T_L arms 4

1 bar

R R

last 2 bars with 3C

last 2 bars with 2C

(to

NH

1

2 3 4

2 3 4

1st 4 bars M2, M3, M4

2nd 4 bars W2, W3, W4

kneel R knee:

clap 1st beat each bar

BH

1

2

3

4

BH

BH

BH

1

1 bar

2 bars with 3C

R

The SHUTTLE

R

2 bars with 4C

to places

2 bars

1

234

one step each to

NOTE:→

Each couple continues to end, 4 steps to turn round.

1

2

3

4

1

2

3

4

Under and over: 2C, 4C make arches to start. Quick push arms up or down, 1st beat of bar.

to 2413

14

24+13

1

4

1

4

to 4321

ALL

R

bars 1-2

to places

ALL

R

bars 1-4

to places

1

2

3

4

1

2

3

4

(women L arm over R)

W4 leads up middle under crossed arms. All retain hands to follow, men under L arms.

4 steps per couple; W4 casts bar 5

end: M1, W4 touch NH to form circle

THREADING

4

3

3

4

NH

2

1

1

2

→ W1 leads round & round M1

OR: — 8 bars —

WINDING the BOBBIN

From now set has no 'top'

2

1

2

1

4

3

3

4

M1 leads under arms thru' 4C to make circle

— 8 bars —

ALL

T_R^{1½} arms

2 bars

ALL

T_L^{1½} arms

next person

2 bars

ALL

R

4 bars to meet partner

ALL

T_B (crossed)

lean out, L sh. back

keep turning for 8 steps

2 bars

ALL

Still turning, all move round anti-clockwise in circle until 4C reach exit, to dance off (still turning) followed by 3C, 2C, 1C.

(for as many bars as needed)

All: free hands on waist